



HERE we go again!!!

Come “Jump Start” your day by joining
us for Holland Hill’s

Jump Rope Club

What is the Jump Rope Club?: A drop-in jump roping session,
every Tuesday and Thursday for ANY student!

(JRC will always be cancelled should we have a delay or NO school)

When: Starting Tuesday, Dec. 8th 7:45-8am

Where: Holland Hill Gym

What to bring: Sneakers, and waiver/code of conduct form

(See attached, All participants must have this formed signed before participating. Please complete
and return to school in an envelope marked “JRC” before Dec. 8th please!)



No experience required, just come and join in the FUN!!!!

Parent volunteers are welcome. If you can help, let us know what is good for you:

Name: _____ phone/email: _____

I can help on the following dates: _____

Please return in an enveloped marked “JRC Volunteers” by Dec. 4th!

Any questions: Please contact Cyndi Palaia, cpalaia@sbcglobal.net.
or Linda Duran at cjduran@aol.com

Proudly sponsored by HH Wellness Committee/ PTA