

Look what is happening at the Fairfield YMCA!

Winter Session II Registration: Member 2/9, Non-member 2/16
Nutrition Lecture: Making Your New Year Resolution Stick 1/25, 7:15 pm
Summer Camp Registration starts 2/9
Sweet Night Out, arts and crafts workshop 2/12, 6:30-8:30 pm
Vacation Club 2/15-19
Full Day Field Trip to Camp Jewel for Snow Tubing 2/15
Family Fun Night 2/19, 6:30-8:30 pm
Play-Well Teknologies:
Engineering Fundamentals with LEGOS_R 2/24-4/21
Neon Nights 2/27, 6:30-9:00 pm
Snow Flake Relay, 2/28 3:00 pm

Swim Lessons For all ages. Winter Session II starts March 1.

Private Swim Lessons (ages 5 & up) By appointment. Call ext.2318.

Guard Start (ages 11-14) Sunday's at 4:00 pm. Session starts March 7.

Life Guarding Class Sunday Class, 2/14-3/28. Pre-test 2/14 at 4:30 pm.

Vacation Class, 2/13-2/20. Pre-test at 4:00 pm.

Life Guarding Re-certification Saturday, March 13 at 4:00 pm.

CPR for the Professional Rescuer and AED 2/2 and 2/4 at 7:00 pm.

Diving Class Session II 2/7, 2/14, 2/21, Sunday's at 11:00.

Pre-Teen Fitness (ages 9-11) Mon and Wed, 4:30-5:30 pm. **Free** to YMCA Members.

Nutrition Counseling and Personal Training Work one on one with the FFLD Y's Nutritionist and/or Personal Trainers. Land or water training offered.

Budget payment plans available. Call ext.2326 for more information.

Sports Skills (ages 3-5) Learn the basic skills of sports. Call ext.2311

Youth Sports (co-ed, ages four and up) Basketball, Floor Hockey, Soccer, Tennis.
Call ext. 2311 for more information.

Birthday Parties at the Y Pool Parties • Sports Parties • Inflatable Fun Parties • Critter Caravan Parties • Junior Olympic Parties. Call ext.2321 for more information.

5th and 6th Grade Neon Nights DJ, games, swimming, food. 2/27, 6:30-9:00 pm.

SEPTA Teen Night Held the last Friday of the month. Call ext.2318.

Special Kids Swim Lesson (ages 3 – 12) By appointment. Call ext.2318.

For more information on these classes and programs, view our program guide at:
www.cccymca.org or call our Welcome Center desk at: (203) 255-2834.

